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South Pole in Style: The Ultimate Journey

This journey has all the extremes: Nature, luxury, exclusivity, challenge with a bit explorer experience. No journey that we have experienced was more intense and made us happier.



- South Pole: Extreme in geography, logistics and costs, but fairly priced. When we reached it, can you imagine our feelings?
- Either from Punta Arenas, a flying experience with superior flexibility, for those who want it quick. Total time for return flight from camp: 11 h (by DC3/Baseler).
- Or from Cape Town for those who want the best quality and highest intensity: 10 days in Antarctica including South Pole with one night explorer experience, luxury and extreme sports: The ultimate in intensity. Total time for return flight from camp: 30 h (by DC3/Baseler). Weatherwise you have to have luck for Pole and Emperors in 10 days. We were not so lucky. We tried it twice. Each time we had to give up the attempt due to a White Out although the camp has best chances: Two colonies east and west.
- If you take it from Cape Town: Pictures you never forget: Driving over glaciers, cliff hanging, climbing an ice wall, kite skiing, skidooing, exploring blue ice tunnels, a sea of ice waves in glittering light, zip-lining over a lake, and the white-out.
- An excellent organization by White Desert: Patrick and Robyn. A unique camp operated by an outstanding team: All world record holders, extraordinary people providing individual service: A Gin ,n Tonic to the glacier? Oysters and champagne? They will do it. You will never forget the ambiance of the Whichaway Camp, the location of the exterrestrial "pods" and these people!

The Flight to the South Pole: A Flight like no other **71**

There are two ways to get to the South Pole: With White Desert from Cape Town and by ANI from Punta Arenas. We are describing the way from Cape Town



After a meticulous check of your equipment at the farm of the tour operator we flew from Capetown to the Russian research station Novolazarevskaya in 5,5 h with an IL 76, a cargo plane and 4 pilots. Well done, but different. On a huge screen we saw the landing difficult to believe: A runway of grounded ice with a good grip (1). We stepped out on ice (2), we were in Queen Maud Land. In our base camp we waited for the right time slot weatherwise. Already next day 2 days of good weather were predicted. We entered our aircraft (3): A DC 3 built in 1942 but refurbished in Canada for landing on very rough snowy terrain. The fascinating flight over a mountain range took us from 70° till 83° latitude to Camp 83 for refuelling: 4.5 h, 1400 km, 320 km/h. We stepped out for 1 h at a height of 2.800 m on the high plateau. The temperature was -28°C. It was another 2,5 h to the South Pole. We landed (4) 100 m away from the Geographic South Pole (5). Another 100m to the Ceremonial Pole with the famous silver ball and 12 flags from the countries which signed the Antarctic Treaty. There is nothing special to be seen, but the feeling is sensational. You reflect about where you are, how difficult it was to get here and you think about the hardships Amundsen had to endure. Due to the katabatic winds sucking the air away from the pole the air is thinner: As if you would be 3.400m high. The real challenge is the way back. The pilots are not allowed to work more than 10 h, so you have to spend a night at Camp 83 (6). Sleeping at -30°C in a small mountaineering tent needs some agility.



Living in Antarctica: 11 Days

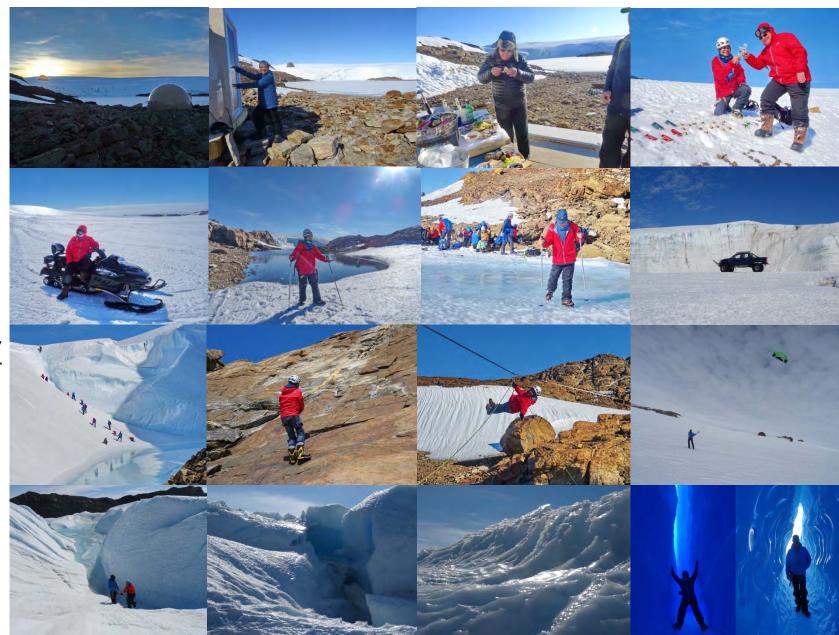
In general the environment of Antarctica is the most inhospitable on the planet. We experienced it very differently.

Our home, a plastic ball, called pod, spacious, heated, two beds, in a phantastic surrounding. Luxury: Oysters, cheese, wine, champagne: FIB: Frank's ice bar.

Trekking, skiing, snowmobile, walking with crampons over a rough frozen lake, scary drives with very special SUVs over glaciers: Total immersion: Beauty

We were trained by world-class experts. Teo showed new capabilities: Climbing up ice walls (he is the first), rock climbing, ziplining and ski kiting

The best experience is to go down to a frozen part of the ocean, into a world of bizarre ice, into caves of deep blue ice, unique and intensive.



With the Yamal to the North Pole

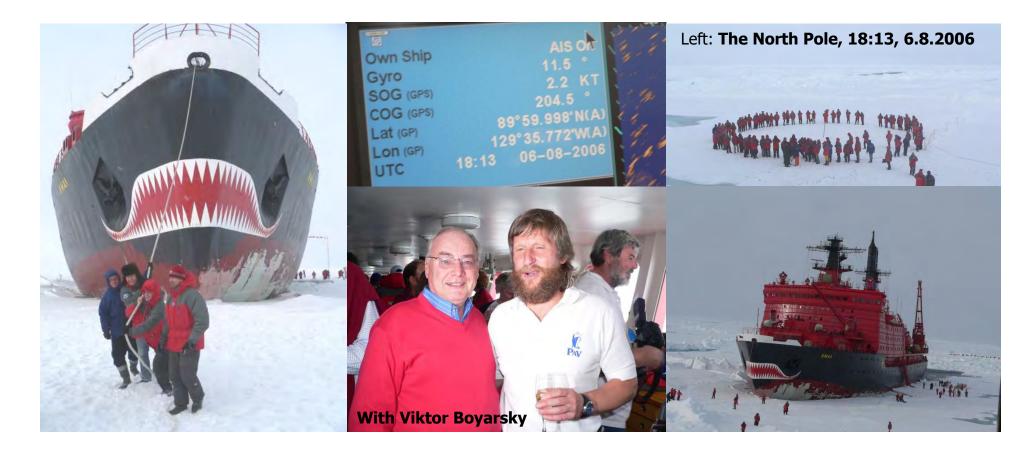
The easiest way to get to the North Pole is with a Russian nuclear ice breaker from and to **Murmansk**. 2006 it was the Yamal. This ship got it all, 75.000 HP, sails through 1,5 m ice with 7 kn. It is one out of four identical ships.

A stop at **Franz Joseph-Land** for landings and heli rides, arguably the most beautiful archipelago in the Arctic.

At the **North Pole** the geography is completely reverse to that one of the South Pole. Here the Pole can only be found in the ice drift. Therefore you will be at the North Pole with the ship only for probably a second. We got this second with many maneuvers, but to get a photo of it is a different story, too many want the same, but I got pretty close.

At the Pole you have a party, you can walk or fly around with the helicopter – and you can swim... yes some do.

I met Viktor Boyarsky, who swam as well. He helds all the records to the North Pole, 2006 20 times on skis. He was the first to cross Antarctica with dog sleighs. The most prominent Russian polar explorer.



4.1. Global Extremes:

The Antarctic Circumnavigation

Polar regions are fascinating, because **they are pure, hostile and extreme.** The Antarctic circumnavigation is far more beautiful and diverse than the Arctic one. Top of tops is the Ross Sea. This circumnavigation - mostly between 60° and 70° S - was first done bei Bellingshausen and Lazarev 1819-1821, who discovered Antarctica and the first islands south of the Antarctic circle.

Pacific Part

This is called the Semi-Circumnavigation



The route:

Along the Southern Ocean: Four legs

- 1. Pacific : Bluff, Cape Adare (1), Ross Sea (2), Byrd Land (5), Peter I (p. 8), Antarctic Peninsula, Ushuaia
- 2. Atlantic: Ushuaia, South Sandwich (beautiful Zavadovsky), Bouvet, Cape Town
- 3. Indian Ocean: Cape Town, Kerguelen, Heard&McD, Fremantle
- 4. South of Australia: Fremantle, Hobart to Bluff, NZ

The superlatives, the history:

Cape Adare: The end of the longest mountain range in the world, the hut of Borchgrevink, 1899 the first wintering in Antarctica (1). Scott's Terra Nova expedition gave the name to the fantastic bay (2). The unique Ross ice shelf 500km ice barrier, Bay of Whales the most southern point for ships, the closest to the South Pole, from here Amundsen started his victorious race (4).

The ships:

No regular service, "MS Ortelius" did parts of it: Semi-circumnavigation and Atlantic (only parts)

Indian Ocean: Only parts by "Le Marion Dufresne" (very restricted capacity). The whole crossing can only be done by private yachts, e.g. "Hanse Merkur" (but with 34 m quite small), today one problem is to get the permits of France and Australia.

The challenge:

The stormiest waters in the world, the "Roaring forties", but the Fifties can be equally bad, crossing the Southern Ocean from Bluff, NZ into the Ross Sea can have almost 100 kn wind and 12 m waves, see p. 39. Here you should have "good sea legs".

Indian Ocean Part

Planned but cancelled

This space was reserved for pictures from

- Marion,
- Crozet,
- Kerguelen,
- Amsterdam,
- Heard and
- MacDonald.

That this couldn't be done is the only sad aspect of our travel career.
See for a different perspective the book of Harry Mitsidis: The curious case of...

The Arctic Circumnavigation

A circumnavigation captures the entirety of polar regions adn **reveals their interrelations. Quality traveling aims at coherence.** The interrelationsships a the Pole show the threatening of polar bears.



The route: Both passages – Northwest and Northeast Passage - combined are not the full Arctic circumnavigation. The missing link – Murmansk, Spitzbergen to Greenland - can only be done by an icebreaker. Greenland to Resolute will complete the route.

The ships: In 2016 only the "I/B Cap. Klebnikov" did the full circumnavigation. Again? An icebreaker with helicopters is the best thinkable equipment. "Hanseatic" (will be replaced) and "Bremen" do one or the other passage. The Atlantic link can be done by "MS Plancius".

The history: The Northwest-Passage has been done by Amundsen on his ship Goja in 1907 for the first time. The Northeast-Passage has been done by Nordenskiöld on his boat Vega in 1880 for the first time.

The difficulties:

The full circumnavigation requires the passage around the Northern part of Greenland. This part needs definitely an ice-breaker. The **Northwest Passage** has even in August sometimes ice jams which require an icebreaker, but rarely. Bottleneck is Peel Sound. The bottleneck of the **Northeast Passage** is the Vilkitsky Strait Severnaya Zemlya, in July even the Klebnikov had to work. In August the Hanseatic got through very smoothly. Fog is often a problem. You must have a bit of luck.

The highlights:

Northeast: Wrangel, Novo Sibirsk, Severnaya Zemlya, Cape Chelyuskin at Taimyr, Maka Bay at Novaya Zemlya. The longest coastline north of the Arctic circle, 8.200 km, all in one country.

Northwest: Cape Barrow, Sax Harbour, Coronation Golf, Beechy Island, Lancaster Sound, Devon and Ellesmere, North Greenland



Russian Arctis: Norilsk

Norilsk is the gateway to 3 Siberian wonders: Putorana, Jenissei, Taimyr

- and a wonder in itself, 300 km north of the Artic Circle.

Norilsk is difficult to reach. Even Russians need a permit. In 2012 only 7 permits were granted to foreigners, 2 for us.

Norilsk has several world records: The world's biggest producer of Nickel, the most northerly - swimming pool, - mosque and - railway (unconnected). But it has a unique Gulag history as well.

The city is formed by "Norilsk Nickel", the world's biggest producer of Nickel and Palladium, one of the biggest and richest Russian companies, the production value is 24 bill US\$, 3% of Russia's GDP, 2 shareholders have 50%. The ecology is the worst in Russia and the world. The main road is beautiful, it could have been built by Rastrelli, it ends in front of "the company".

The city is the gateway to

- the beautiful **Putorana** Plateau, which resembles a Norwegian landscape, the geographical center of Russia
- the splendor of the **Jenissei** and its water landscapes, which epitomizes the problematic of Russian rivers
- the **Taimyr** peninsula, one of the most pristine landscapes of the world, with a unique wildlife.

We chartered a helicopter for 5 hours, a new Eurocopter, 2 pilots, top professionals. The flight over the Putorana Plateau, the landing on top (the first ever), the flight over the mouth of the Jenessei, the landings at its banks and an another one just over the border of the Taimyr Reserve are one of the most spectacular flights you can have.



Russian Far East: Sikhote Alin

The least visited area in Russia, 650 km drive from Vladivostok



We rented a property in Terney at the Japanese Sea, operated by a ranger (5), our guide: A cosy chalet with a sauna (banya), garden and a river (1)**; the pit toilet was not so nice, but far enough.

In the **World Heritage** "Central **Sikhote-Alin**" moderate and subtropical climate overlap in a unique and revealing way:

- The only place in the world, where you can **see tigers and bears in the same territory**. Tigers are too elusive to see*, only by trap cameras (2), but you can see the footprints (3), bear (above) and tiger (below) together.
- Primeaval forests (4)
- Endemic rhododendron (5)
- Cape Severny at the Japanese Sea (6)
- Rare seals in banana posture (7).



^{*}Our host and ranger lived here for 40 years, all years dedicated to the park, she has seen only one tiger once

^{**} All pictures from June 2015

4.2. Extremes: Sakura in Japan: An Extreme Approach

In no country is spring so beautiful as in Japan. The cherry blossom, the Sakura, is Japan.



No nation has a more intimate relationship with a plant than the Japanese with the cherry tree. The elderly don't ask: How many years will I live, but how many Sakuras will I see.

Nothing is more touching in nature - no leaves, only pink blossoms covering the tree tenderly, almost completely.

Arguably we are the only tourists who have seen all Japan from South to North with blooming cherries, in 47 days every day (not in the Pacific Islands). Here are the top 5, all top, all very different, all a "must see":

Kakunodate: The most intense Sakura festival, in the town of the Samurai, the Sakura is the symbol of the Samurai, because both have a short life. At the banks of the river you walk in a 2 km tunnel of cherries – unique.

Hirosaki: Ranked by Michelin as the world's best, the oldest cherries and the best weeping cherries, in a castle garden, tunnels along the moats, very dense - unique.

Hakodate: 1600 trees at the walls of a star-shaped fort, an amazing view from the Goryokaku tower - unique.

Tokyo – Ueno Park: The tunnel of cherries is only 400 m, but dense, and the location is most important, from the National Museum to the Ameyoko market – unique.

Kyoto: The philosopher's way is the most romantic way to experience this event -

Sakura: The most romantic expression of nature



China's Route of Superlatives

From the Silk Road with the highest train crossing "The Tibetan Plateau" into Lhasa, passing the Everest, along the Tsangpo the highest river, with best Himalaya views, passing the Kailash and Zhada into Aksai Chin finally to Kashgar. From and to the Silk Road on a route which can't be more spectacular, 17 nights between 3700 / 4600 m, 25 passes at 4.900m average, 14 passes over 5.000m, we drove 4.000 km, with 4 side trips, not easy, but doable.



Lanzhou (1):

Silk Road, the most important trade route of all times

Tibetan Plateau (2):

Highest, biggest, with a unique Tectonic

Highest Train (3):

Crossing the "Plateau" and riding with 2 locs up to 5.133 m

Potala (4):

Biggest lamaistic residence

+Jokhang Temple most beautiful, most holy

+Sera, Drepung, Sakya:

the 3 biggest monasteries

Everest (5):

The highest mountain. North face is the most beautiful

+Everest Base Camp: Epitome of mountaineering

+Rongbuk:

Highest monastery

Tsangpo (6):

Highest river, most spectacular cut through the Himalaya

Kailash (7):

Most holy mountain for 4 religions, outstanding pilgrimage

Lake Manasarovar (8):

Highest fresh-water lake

Guge Kingdom, Zhada (9):

One of the most spectacular locations, best Buddhist murals

+ The upper **Indus Valley**

Aksai Chin border road:

highest travel region, (4 hours above 5.000 m)

+Aksai Chin Lake (10): most beautiful lake, 5000m

+Takla Makan Desert:

The most difficult one

+Kashgar:

Crossroads of the silk roads







Western Tibet: Ruins of Guge Kingdom

There are places that blow your mind away: The Giga Highlights. The ruins of the Guge Kingdom in Western Tibet, Zhada is such a place. Located in a landscape which can be compared with the Grand Canyon (1), at the most important tributary to the Indus, the Sutlej (2). In the 10th ct. King Ösung built his palace on a rock (3) and on the slopes a city (4) and a monastery with Buddhist murals - the best preserved and the most artistic in the world (5).



Here is the story:

In the 9th ct. the ruling monastery Sakya had a weak influence on Western Tibet. The Guge kingdom was established and became powerful under King Osung in the 10th ct. Early 14th ct. the two other kingdoms Ladakh and Burang wanted to unify the area under one kingdom and attacked Guge now being ruled by King Ischi Ö. They won and forced the population of Guge to cut off the supply of the kingdom's palace towering over Guge. If they had refused they would have been killed. The king wanted to save his people and jumped off the cliff of his palace. For his ancestors it was a place of beauty because of the outstanding view, for him it became his grave. The aggressors went back. Sakya took over again. Thus the present borders in this region (India, China, Nepal) had developed.



To pass this area there is only one road: The highest and longest road on this level: **4 hours above 5.000 m**, 270 km (after Durma, before Dahongliotan), four passes with 5.300 m average, 3 hours 360° panorama of snow capped mountains, only antilopes, blue sheep and strong winds. We have travelled more difficult roads in the Cameroon jungle and up to the source of the Ganges, but no road is physically more demanding. The road from Ngari to the Silk Road - 2 days - is 90% fun and 10% fear: Passes Seruk & Okos.



Fundö Pass, the highest



This you have 360° for 3 hours



Rare: World's highest antilopes

Aksai Chin is a disputed area between India and China. Thus the permits are not easy to get. The heart is the **Aksai Chin Lake**, arguably the most beautiful lake of all.

The Aksai Chin Lake is accessible only off-road.

2 options: a flat trail in the valley risking getting stuck in the sand or 500m up the mountains risking to slide: We took the latter because it is much shorter. We had 2 cars, one was the guinea pig, it went first for a test drive. The view from 5500 m down to the 5000 high lake you will never forget.

After 4 hours at 5000m you reach the Tschite Pass to go down from 5.000 to 4.400m to reach the only place to sleep for the night, Dahongliotan, horrible, for us unacceptable.

150 km further a **military outpost**, the Western border of Aksai Chin. An overnight is officially not allowed, although prearranged, we got rejected, but then we talked ... and won ... and slept well.

Our message: **Sometimes you have to fight for quality**. More so: We won the heart of the commander. He wanted a photo of us with soldiers in front of the barracks, although forbidden. But we got no copy. Our experience with the **Chinese Army.**

The controls between Lhasa and Yecheng (Silk Road) are appaling. You need patience and many papers, so-called permits. And a guide who does it.



The entrance of Aksai Chin



Breathtaking: Off-road to the top



The Aksai Chin Lake

Dogon in Mali

How can people survive on plates of sheer rock? With a thin strata of soil the Dogon survived with cattle, onions and millet, built the highest concentration of cliff dwellings in the world, villages full of granaries and created remarkable art works, 200 km cliffs, the highest concentration of African Baobabs - a worldwide unique cultural landscape.

Mali is in a crisis since 2009, tourism is almost dead, we were among the first swallows, but a few swallows don't make a summer. Despite the support of the Vice President of the National Assembly and all security we couldn't fly with the UN to Timbuktu in Feb, 2016, the rebels of NMLA are a substantial threat.



The Heart of the Sahara

The largest desert in the world has a diversity which is underestimated by most travelers. The heart of the Sahara can be defined by 4 mountain ranges: Hoggar and Djanet in the north, Tibesti and Air in the sourth. If you want to capture all of its beauty you should extend to the Ounianga Lake, the Ennedi Massif and the oases Gouro and Faya.



Hoggar and Djanet I did three times in the eighties and nineties, first time with my motor bike second time with my car, and thirdly by trekking. The volcanic cones, the rose rock formations and the rock paintings are unique. Now it is not safe.

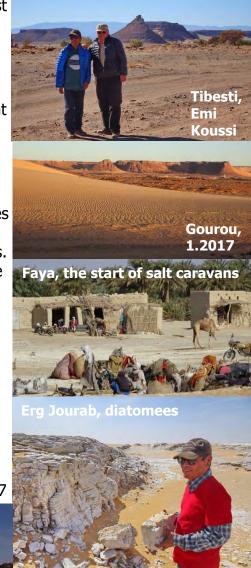
The southern part we did Dec./Jan. 16/17, one of the greatest travels. 16 days round trip in Chad. You need professional equipment and drivers. It is not easy, but a great experience.

Ennedi (World Heritage) is arguably the most beautiful complex of landscapes on earth, Monument Valley, Arches NP and Bryce C NP together. The main difference: It is not only extremely beautiful but totally pristine. The Aluba Arch is the second largest in the world, Les Pitons is a garden of rock columns, the gueltas – waterholes – are spectacular – water and cliffs, one bears the only Saharan crocodiles. Sometimes you see remnants of the Libyan attack. Now Chad is safe because of the omnipresence of military, but in the vast desert you only see them in the northern oasis.

Gouro is a beautiful oasis, the gate to Tibesti. It is one of the traditional crossroads of trade.

The vulcanic landscapes of **Tibesti** is another out of the world experience. We drove to the volcano Emi Koussi, the highest point. **Faya** has with 84 km the longest palm plantation, unique mud architecture, a saline. From here the arab guided caravans cross the desert to Abeche.

From Kouba you drive through the sand of the **Erg Jourab**, the bed of the ancient Chad Lake visible by diatomees, home of Toumai, p.87



Ounianga Lakes in Chad

The extreme beauty of this World Heritage landscape can only be fully admired after you have traveled for days in deep sand always close to getting stuck and lost: Picture above left - and then you see them... the Ounianga lakes, small ones and big ones, 18 in total. Unbelievable in the middle of the largest desert. At the big lake – panorama below - I was moved to tears.



The Horn of Africa: Puntland

Sometimes we didn't expect anything and then it turned out to be something great. In Puntland, Horn of Africa, we knew we were the first to Qhardo, the heart of Puntland, the residence of the king. A land, known to us as the land of smugglers and pirates. Here – because of being the first – we got the warmest welcome ever, despite the guns protecting the car and omnipresent security.

We had a confirmed date with the king, a meeting with the mayor and two govenors, we gave two speeches about the tourist potential, had a common walk to the water sources financed by the EU, drank camel milk in the market and attended a party under the bird trees – all published by the media. A phantastic surprise.



The Evolution of Mankind



- 1. The oldest hominids are the group of **Australopithecines**. The oldest lived in **Chad at Toros-Menalla**, **7 Ma** (million years ago), we saw "Toumai" Jan, 2017. **Lucy**, only 1 m short, was found in Ethiopia, Hadar 1974 but probably lived in the Lower Awash Valley, 3,2 Ma. She was considered to be the oldest hominid, was named after a song of the Beatles and became the most famous one. But not anymore. More were found, in Chad, but in Ethiopia as well: Ardi 3,2 and Selam,3,3, together with Lucy in the National Museum of Addis. In the **Olduvai Gorge**, in Tanzania Louis and Mary Leaky discovered in 1961 the **foot prints of Laetoli**, 3,5 Ma
- 2. The Leaky family found the **Homo habilis**, 1, 7 Ma, which had a larger brain and a more gracile face, more developed, the first hominid in the Homo lineage. I visited Koobi Fora at Lake Turkana, Kenia, with Louise Leaky, the grand daughter.
- 3. In **Sterkfontein** they found the biggest amount of hominids, Paranthropus, 2,5 Ma, thus this site, 60 km away from Jo'burg, is called the cradle of mankind. The Paranthropus discoveries changed the thinking about evolution. It was not a single chain of adaptations, it was a tree of parallel lineages. The term Paranthropus means "parallel to human". They lived at about the same time as our direct predecessors in the Homo genus, Homo habilis and Homo ergaster. Homo habilis survived because he was a tool maker, while the Paranthropus, which was not a tool-maker, mainly a vegetarian, became extinct about 1 Ma. Thus the term Cradle of Mankind for Sterkfontein is misleading.
- 4. Already **Darwin** was convinced that the mankind had developed in Africa, which is in line with modern thinking (see The route).
- 5. The homo habilis evolved into the **Homo erectus,** the first who used fire, walked like modern humans and lived in all continents of the old world.
- 6. In the cave of **Zhoukoudian**, near Beijing, the **Peking Man**, a homo erectus, was found, who lived around 0,6 Ma. In **Sangiran**, Java, around 1 Ma, another.
- 7. 1991 in **Dmanisi**, Georgia the missing link between Homo erectus in Africa and Asia was found, 1,8 Ma old.
- 8. Out of him evolved the **Archaic Homo sapiens**. Large brow ridges, a large face, and thick cranial bones. One archaic group, the **Neanderthals** in Eurasia, 0,2 Ma, were found in Engis, Belgium, Gibraltar and Neander Valley, Germany; they became extinct around 40.000 BC.
- 9. The **South American** men could have come about 0,1 Ma via landbridges from Africa or around 12.000 via Bering landbridge from Asia. Paintings are 25.000 y old. 10. Other archaic groups developed into the **Modern Homo sapiens**, e.g. the bushmen. Thus 3 cradles: (1) Toumai, Lucy, (2) Homo habilis. (3) Homo erectus



4.4. Themes:

The Most Fascinating Ethnics

In traveling probably the most rewarding aspect is to meet people. We learned that all travelers agree on that - no matter what style they prefer. When you travel you meet three kinds of people.

- (1) those that you meet on the way we think that openess is the key, contacting locals is essential for traveling
- (2) those who support your travel we think that selecting the best is decisive, getting recommendations should be profound
- (3) those who are one of the objectives of your travel: Ethnics. We are striving for greatest ethnical diversity.

The following 48 ethnics we met more intensely. We plan to visit Yaomani, Asmats, Dervishes of Konya in Turkey and the Evenks in Russia, and more. The most inaccessible groups live in Andamans and Nicobars (Jarawas) and the Amazon Jungle (Yaomani) - strictly protected.

Africa

- 1. Hammer in Ethiopia
- 2. Mursi in Ethiopia
- 3. Karo in Ethiopia
- 4. Touareg in Chad
- 5. Yorouba in Oyo, Nigeria
- 6. Bushmen in the Kalahari
- 7. Afar in the Danikil Depression
- 8. Tariga Dervishes at Omdurman
- 9. Dogon in Mali
- 10. Massai in Kenya
- 11. Fulani in Burkina Faso and Senegal
- 12. Pygmies in Cameroon

Americas

- 13. Inuit in Canada and Greenland
- 14. Haida in West Kanada
- 15. Navajo Indians
- 16. Apaches near Phoenix
- 17. Sioux in Dakota
- 18. Cherokee near Asheville
- 19. Kuna on San Blas, Panama
- 20. Woonan Indians in Dairen, Panama
- 21. Machiguengas at the Manu in Madre de Dios, Peru
- 22. Uros on Titicaca Lake
- 23. Xingu Indios

Asia

- 24. Yan pa doung (giraffe women) in Thailand
- 25. Chin in Myanmar
- 26. Bamar (Main ethnic in Myanmar)
- 27. Mon at the Andaman Sea
- 28. Mountain tribes around Sapa in Vietnam
- 29. Dervishes in Konya
- 30. Dani in Irian Jaya
- 31. Huli Wigmen in Tari, Papua New Guinea
- 32. Sing Sings at the Sepik River, PNG
- 33. Hani und Yi in Shengcun, China
- 34. Ping An, Huang Luo und Naxi in China
- 35. Miao and Dong in China
- 36. Dai in Xishuangbanna
- 37. Eveni near Ochotsk
- 38. Evenks in Salechard and Tura, Russia
- 39. Mongoles
- 40. Balinese
- 41. Tibetians
- 42. Bataks in Samosir
- 43. Toradjas in Sulawesi
- 44. Dayaks at the Skrang River and Kalimantan

Australia, Oceania

- 45. Aboriginals
- 46. Melanesians
- 47. Polynesian
- 48. Maori





The Most Inspiring Religious Sites

Religion was an outstanding theme in our traveling. We list here those which touched us the most. Some of them inspired us. We are not listing monuments, but sites in which we experienced that religion was **vividly praticed**.

Judaism

- 1. Wailing wall in Jerusalem
- 2. Main Synagoge in Derbent, Dagestan
- 3. Synagoge in Birobidjan, Russia
- 4. B'nai Jeshurun Synagoge in New York
- 5. Josefov, Jewish quarter of Prague

Christianity

- 6. St. Peter's Dome in Rome
- 7. Buildings of Vatican City
- 8. Semana Santa at the Giralda in Sevilla
- 9. Santiago de Compostella and pilgrimage
- 10. Via Dolorosa in Jerusalem
- 11. Pampanga crucifixtion in Luzon, Philippines
- 12. Lourdes in France
- 13. Tschenstochau in Poland
- 14. Mormone Temple in Salt Lake City
- 15. Mother Teresa's House in Calcutta
- 16. Mt. Sinai and Burning Bush in Egypt
- 17. Passion Play in Oberammergau
- 18. Rock-hewn churches of Lalibela
- 19. Monasteries of Mount Athos, Greece
- 20. Monasteries of Meteora, Greece
- 21. Christmas Market in Nuremburg

Islam

- 22. Sheikh Zayed Mosque in Abu Dhabi
- 23. Imam Reza shrine in Mashad
- 24. Meidan Square in Isfahan
- 25. Registan Square in Samarkand
- 26. Kul-Scharif-Mosque in Kazan, Russia
- 27. Sheikh Zayed Mosque in Dubai
- 28. Sultan Quboos Mosque in Muscat
- 29. Feisal Mosque in Islamabad
- 30. Hassan II Mosque in Casablanca
- 31. Istiglal Mosque in Jakarta

Buddhism

- 32. Shwedagon Pagoda in Myanmar
- 33. Mahamuni Temple Mandalay
- 34. Mahabodi Temple in Bhodgaya, India
- 35. Tawang Monastery in Arunachal Pradesh
- 36. Wat Po in Bangkok
- 37. Maya Dewi Temple in Lumpini, Nepal
- 38. Durbar Square in Kathmandu
- 39. Bodhnath Stupa in Kathmandu
- 40. Horyuji Temple in Nara, Japan
- 41. Todaiji Temple in Nara, Japan
- 42. Monastery Kumbum near Lanzhou
- 43. Potala, Barkor and monasteries in Lhasa
- 44. Sakya Monastery in Tibet
- 45. Monasteries Gyantse und Shigatse in Tibet

Hinduism

- 46. Pilgrimage from Darshen around Kailash
- 47. Ghats of Varanasi
- 48. Temples of Bubeshnavar in Odisha, India
- 49. Jagannath Temple in Puri and Konarak T.
- 50. Ashrams of Rishikesch, incl. Beatles Ashr.
- 51. Ganga Aarti und Har ki Pauri in Haridwar
- 52. Pilgrimage to Pushkar
- 53. Nataraja temple in Chidambaram
- 54. Minakshi Temple in Madurai
- 55. Pashupatinath in Kathmandu
- 56. Dakshinkali in Kathmandu
- 57. Temple and funeral festivals at Bali

In addition to the so-called world religions

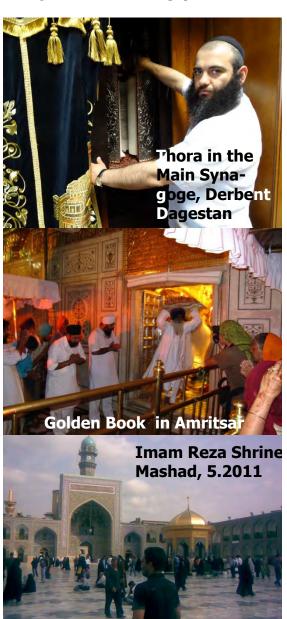
Folk religions

Taoism, Konfucianism, Shintoismus

Tribal religions

· Animism and traditions

Synchretism



4.4. Themes:

The Most Entertaining Festivals

In makes sense to concentrate on festivals. Always a spectacular scenery, a guarantee for outstanding photos, often a lot of fun and emotions, always excitement. But never the everyday life. Although we traveled so much, we attended only 70% of the festivals listed below, for the others we visited the venue and signs of it. The challenge: It is very difficult to integrate a specific festival day into your itinerary. Compare: TBT Series lists 1280 festivals, the top group has seen only 20 on an average. 61 is very ambitious.

Asia

- 1. Naga Fest. Leshi, Khamti, Lahe, Myanmar
- 2. Ananda Festival in Mandalay
- 3. Paong Daw Oo Pagoda F., Inle Lake
- 4. Hemis Gompa in Ladakh
- 5. Harbin Ice and Snow Festival, China
- 6. Vegetarian festival in Phuket
- 7. Loy Krathong in Bangkok (Menam Chao Praya) and Chiang Mai (Tapae Gate)
- 8. Full Moon Party, Kho Pangan, Thailand
- 9. Elephant festival in Surin, Thailand
- 10. Ati-Atihan in Kalibo and Cebu, Phil.
- 11. Diwali in N. Dehli, Kathmandu, Colombo
- 12. Drepung picture festival at Lhasa
- 13. Nadam in Ulan Bator
- 14. Funeral festivals in Bali
- 15. Funeral festival of the Toradjas, Sulawesi
- 16. Pingxi Lantern Festival in Taiwan
- 17. Sakura festivals in Japan
- 18. Yuki Matsuri (Snow festival) Sapporo
- 19. Nebota Matsuri in Aomori, Japan
- 20. Gion Matsuri, Kyoto
- 21. Awa Odori Matsuri, Tokushima
- 22. Tenjin Matsuri, Osaka
- 23. Kishiwada Danjiri Matsuri, Osaka
- 24. Chinese New Year in Shanghai
- 25. Temple festivals of Kerala
- 26. Esala festival of Kandy

Europe

- 27. Folk carneval in the Rhine cities
- 28. Oktoberfest in Munich
- 29. Medieval festival in Landshut
- 30. Music festivals in Salzburg and Bayreuth
- 31. Show carneval in Venice

- 32. Horse racing Palio di Siena
- 33. Spoleto Festival
- 34. Racing with the bulls in Pamplona
- 35. Film festival in Cannes
- 36. Montreux Jazz Festival
- 37. Edinburgh International Festival

Australia, Oceania

- 38. Sydney festival of lights
- 39. New Years Eve in Sydney
- 40. Pasifika Festival in Auckland
- 41. Aloha Festivals in Hawaii
- 42. Naghol Land Diving, Pentecost Isl, Vanuatu
- 43. Mount Hagen Festival in New Guinea
- 44. Goroka Festival in New Guinea

Americas

- 45. Show carneval in Rio
- 46. Carneval in Trinidad
- 47. Carneval in Recife
- 48. Folk carneval in Santiago de Cuba
- 49. Dia de los muertos, Mexico
- 50. Folk carneval in Belem
- 51. Folk carneval in Cayenne
- 52. Mardi Gras in New Orleans
- 53. Albuquerque Int'l Balloon Fiesta
- 54. Burning Man in Nevada
- 55. Oscar Award in Hollywood
- 56. Iowa State Fair
- 57. Festival Int'l de Jazz de Montreal

Africa

- 58. Timkat Festival, Lalibela, Gondar, Ethiopia
- 59. Cape Town Jazz Festival, South Africa
- 60. Gnaoua World Music Festival, Morocco
- 61. Osun Festival in Oshogu, Nigeria



The Most Famous Gold Sites

No other material has influenced mankind more than gold. It was the goal of the discoverers, so it triggered global traveling, it financed wars and fascinated as artworks. We visited all gold sites.

- A. Johannesburg Anglo Gold Ashanti – deepest mine
- B. Magadan Road of Bones to Kolyma river most horrible
- 1. Bogota Museo del Oro
- 2. Ermitage
- 3. Astrakhan Museum
- 4. Rostov Museum
- 5. Azov Museum
- Kysyl Museum
- 7. Ufa Museum
- 8. Kiew Museum
- 9. Kiew Sophia Monastery
- 10. Tokyo National Museum hosting Kabul Nat. Museum
- 11. Ayala Museum, Manila



Mining:

A: The deepest

Canada has the biggest gold mining companies, South Africa the deepest mines. In the main mine of "Anglo Gold Ashanti" formerly "Western Deep Level" I achieved with 3.777m in 1992 a world record. Today they can go up to 4.000m deep.

B: The most horrible

The company Dalstroy developped the Russian Far East north of Ma-gadan. 1937 they built in 2 years a 300km road, the road to the tin and gold mining sites (1) , 10.000 people died, most of the corpses filled the road surface, thus the "Road of Bones" to the sites at the Kolyma river (2) . The "Mask of Sorrow" (3) commemorates this history of death, of Gulag and gold mining. The gold financed the "Große Vaterländische Krieg" 1941-1945.

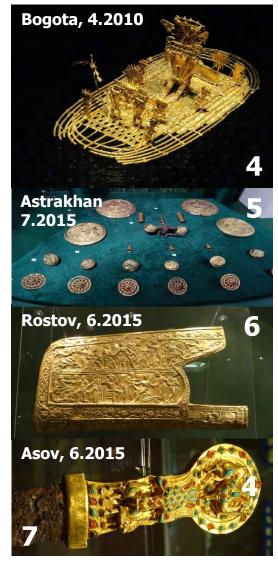
Gold as artworks:

Colombia: The Spanish "conquistadores" started with the dream of "Eldorado". The "Museo del Oro" in Bogota has the biggest collection of pre-Columbian gold in the world. Here you can imagine "Eldorado". The Muisca raft is the main piece of the museum (4).

The Scytians: All done by Greek , from 4th ct. BC on Russia: Ermitage, Astrakhan horse decoration (5), Rostov with the quiver for arrows (6), Azov with the royal sword (7), Kysyl and Ufa. Ukraine: Kiew Museum, Kiew Sophia Monastery with the pectoral

Kabul (now hosted by Tokyo Nat. Museum): The Gold of Bactria.

Ayala Museum, Manila: 1000 gold objects show the sophisticated cultures that existed in the Philippines before colonization in the 16th ct.



The Most Authentic Food

Top restaurants, like Michelin Star restaurants, you find everywhere. To collect them has little to do with traveling. We go for local specialities, the best food, not the best restaurants. What should you have eaten to have been "everywhere"? In which town do you get local food in the best quality? Here a selections of our favorites.

Asia

- 1. Fugu in Shimonoseki
- 2. Kobe Steak in Kobe
- 3. Kaiseki in Kyoto
- 4. Sashimi in Katsuuar, Japan
- 5. Snakes in Guilin, China
- 6. Scorpions in Beijing
- 7. Peking duck in Beijing
- 8. Seafood YiQing Lou in Quingdao
- 9. Snakes in Can Tho, Vietnam
- 10. Food scene in Hanoi
- 11. Black pepper crabs in Singapore
- 12. Street food in Singapore (Food courts and Hawkers)
- 13. Indian Food in Little India, Singapore
- 14. Lechon in the Philippines
- 15. Nasi Goreng Gila Gondrong in Jakarta
- 16. "Rijsttafel" in Jakarta
- 17. Seafood in Padang, Indonesia
- 18. Korean BBQ in Seoul
- 19. Mongolian BBQ in Ulan Bator
- 20. Tandoori Chicken in Mumbai
- 21. Grashoppers in Thailand
- 22. Bird's nest in Bangkok, Thailand
- 23. Ant eggs (Kai mot daeng) in Ubon Rachathani, Thailand
- 24. Tom yam gung in Satun, Thailand
- 25. Sea urchines in Petropavlovsk

Europe

- 25. Byzantion Bistro in Istanbul
- 26. Caviar in Astrakhan
- 27. Truffels in Perigord, Piedmont and Livade (Istria)
- 28. Bouillabaisse in Marseille

- 29. Onion Soup in Paris
- 30. Oysters in Honfleur
- 31. Restaurants in Lyon
- 32. Restaurants in Dijon und Colmar
- 33. Pig knuckels in Munich (Haxnbaur)
- 34. Sausages in Berlin (Meisterstück)
- 35. Eel soup at the fish market of Hamburg
- 36. Matjes herring in Schiermonnikoog, Netherlands
- 37. Caldereta de langosta in Fornell, Menorca
- 38. Tapas in San Sebastian
- 39. Paella in Valencia
- 40. Jamón Ibérico in Madrid
- 41. Raw Scallops in the Outer Hebrides
- 42. Pizza at Pizzeria da Michele in Naples
- 43. Spaghetti Napoli in Naples
- 44. Parma ham in Langhirano, near Parma
- 45. Foie gras and goulash at Gundel, Budapest
- 46. Grilled octopus and gyros in Greece
- 47. Cheese fondue in Gruyère

Australia and Oceania

- 48. Mussels in Havelock, New Zealand
- 49. Abalone in Hobart

Americas

- 50. Centollas (King crabs) in Ushuaia
- 51. Sopa Picoroco in the fish market of Santiago
- 52. Ceviche in Chiclayo or Trujillo (Fiesta), Peru
- 53. Rodizio in Rio de Janeiro
- 54. Fejoada in Rio de Janeiro
- 55. Langustinos in Las Roques (Venezuela)
- 56. Fajitas in Patzcuaro
- 57. Steak at Cattleman in Oklahoma
- 58. Spare Ribs in Memphis
- 59. Lobster in Maine and Nova Scotia
- 60. Snow crabs in Nova Scotia



The Most Touching Animal Encounters

The following 21 sites are unique and offer more than one species. They are the most moving ones.



Land

- Mountain Gorillas, Rwanda
- 2. Lowland Gorilla, Central African Rep. (1)
- 3. Masai Mara: The big five, Kenya
- 4. Land animal migration, Serengeti, Tanz. (2)
- 5. Pandas in Wolong, China, (3)
- 6. Lemurs in Berenty Res, Madagascar (4)
- 7. Land crab migration, Christmas Island (5)

Sea

- 8. Marine Iguanas, Galapagos (6)
- 9. Swimming with whales in Tonga, Vavau
- 10. Whale sharks in Oslob, Cebu, Philippines
- 11. Diving with mantas, Yap, Marianas
- 12. Diving with hammer sharks, Cocos
- 13. Whale watching in Hermanus, RSA
- 14. Swimming among jelly fish, Palau

Birds

- 15. Lesser birds of paradise, Papua New Guinea
- 16. Flamingos, Nakuru Lake, Kenya (7)
- 17. White eagles in Rausu, Hokkaido
- 18. Emperor penguins in Arka, Queen Maud
- 19. Wandering Albatross in Kaikoura, NZ
- 20. King penguins in South Georgia, Kerguelen, Macquarie (8)

Insects

21. Monarcas, Michoacan, Mexico



Volcanoes: The Pacific Ring of Fire

We define the line only based on the subduction zones of the Pacific plate. We close the southern part of the ring not via the Pacific but via Antarctica and include the Scotia Arch.

Modern research supports this hypothesis because a large part of a ring of vulcanoes has been found in Antartica. We have been to 70% of major vulcanoes of the whole ring. It is a very fascinating goal to see all the typical and important ones. The line starts with the Novarupta in Alaska, the birth of the ring, one of the biggest eruptions in history.



American-Russian Line

- 1. Alaskan Peninsula: Mt Katmai, Novarupta
- 2. Aleutians. Seguam

The Asian Line

- 3. Kamtchatka: Petropavlovsk
- 4. The Kurils
- 5. Japan: Iwaki, Aogoshima
- 6. Philippines: Mayon7. Indonesia: Merapi

The Austral Line

- 8. New Guinea
- 9. Solomon
- 10. Vanuatu
- 11. Tonga

The Antarctic Line

- 12. Bellany
- 13. Antartica
- 14. Scotia Arch

The American Line

- 15. South American Cordilleres
- 16. Central American Volcanoes
- 17. US Cascade Volcanoes
- 18. Canadian Volcanoes

